



Magdalen Kit List

Magdalen activities are all outside so regardless of what time of year you visit, the following five items are essential.

A good waterproof jacket – large enough to fit over several layers of clothing

Waterproof over trousers

Wellington boots or walking boots with thick socks

Water bottle labelled with child's name

Warm hat e.g. woolly hat

Plenty of **layers** of warm, comfortable old clothing (jeans are not good for outdoor activities as they do not dry quickly), non-cotton tracksuit type clothing is best. Clothing that can be worn in many layers is much more flexible and allows adjustment to the weather and conditions.

Thick socks (including a long thick pair to wear with Wellingtons)

Underwear

Pyjamas

Backpack (for packed lunch on first day, clipboards etc.)

Outdoor shoes such as trainers or walking boots (designated to only be worn outside the building) – These are ESSENTIAL if your group will be doing the Low Ropes Challenge Activity (wellies and converse-style canvas trainers are not suitable)

Indoor shoes such as slippers or trainers (designated to only be worn inside the building)

Trainers or shoes to wear on the coach

Warm coat (if waterproof jacket is a thin material)

Towel and wash kit

Sun cream and sun hat

Torch and spare batteries

Camera (optional)

A game or book for quiet time e.g. top trumps

Three spare plastic bags to take home dirty laundry, muddy waterproofs and muddy wellies

Teddy bear!

Packed lunch for the first day

If the visit is in the colder months you will need to bring a lot of layers of clothes, extra thick socks, a warm hat, scarf and gloves. If the visit is in the warmer months and have planned a beach visit you may want to bring swimwear and an extra towel for paddling in the sea.